What should my child do for the Summer?
大学申请讲座：如何合理安排暑假

University Workshop for Parents

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In every crisis
lies the seed
of opportunity

危机的"机"
也是
机会的"机"

The Big question everybody has全世界面临同样的问题：

- With Covid-19 so rampant what can we possibly do for the Summer?

- 新冠肺炎疫情中暑假我们应该如何合理安排？

The World has changed
我们身边的世界已经改变了

Benefits of Summer Programmes
暑期活动能为大家带来的好处

It Used to be
不仅仅有

Development of Life skills in :提升以下技能
- ✓Communication skills 沟通
- ✓Ability to adapt and deal with new situations 应变
- ✓Reasoning and problem-solving skills 解决问题
- ✓Increasing cognitive development认知发展
- ✓Increasing creativity创造力
- ✓A chance to make life-long friends 发展友情
- ✓Appreciation of a new culture 了解欣赏其他文化

It still can be…to a certain extent

还能够…

What Options? 我们能做什么？

- Summer programmes 夏令营
- Internships 实习
- Jobs 打工
- Shadowing experience
- University visits 拜访大学
- Volunteer work 义工
- Research opportunities 研究机会

Choosing & Planning Summer Activities
当我们计划、选择暑期活动时：

- What is your goal? 要达到什么目的？
- Academic enrichment or personal development or a special skill?
- 为了提高学习成绩，个人能力发展还是学习一门技能？

Choosing & Planning Summer Activities
当我们计划、选择暑期活动时：

- Opportunity 各类机会
- Experience 经验
- Enjoyment 是否有兴趣
- Stimulation 激励
- Discovery 探索
- Development 发展
- Preparation 充分准备
- Specialisation 专业度

Benefits of Summer Programmes
夏令营的优点：

- **Stand out when applying for higher education：** With competition for places at the best universities increasing by the year, participating in a summer programme in your spare time shows 1) real commitment 2) an ability to apply yourself 申请大学时的亮点：1. 付出的努力2.对

- **Experience life in a different country/environment** 在另一个国家或者环境的经历

- **Improve your own native & second language skills** 提升语言能力：participating a summer programme that requires use of a second language could help actually increases your understanding of your own native tongue and improves your general reading skills 提高第一或第二语言的运用能力

- Insights into university life and subject-specific degree programme/the work environment – is it actually the right subject for you?提前体验大学生活，深入了解某个学科，是否适合自己

Volunteer Experiences 义工经验

- Continue a CAS project on a deeper level. 更深入地继续CAS项目
- Work on a project in your home country. 在自己的国家完成一个项目
- Rustic Pathways
  - http://rusticpathways.com (not online)

Hobbies 兴趣爱好的发展

- Artistic portfolio 艺术作品集
- Computer skills 计算机方面
- Online courses 一些在线资源
  - https://www.edx.org
  - https://www.coursera.org
- Reading
  - www.myheplus.com

Standardized Test Prep 备考

- SAT/ ACT (between Y11 & Y12)
- TOEFL/ IELTS (Y12 & Y13)
- UK Exams (in Y13)

Timeline for US-Bound Student
准备去美国的学生的准备工作

- Y10: US High School campus/ volunteer experience 10年级：美国高中和义工经验
- Y11: Pre-college program on US university campus. Visit campuses.* Or volunteer experience 11年级：美国的大学提供的本科前课程，校园游览或者义工经验
- Y12: Internship or volunteer experience. Visit campuses.* 12年级：实习，义工，校园游览

Timeline for UK-Bound Student
准备去英国的学生的准备工作

- Y10: Volunteer Experience
- 10年级：义工经验
- Y11: Attend UK summer program in subject of interest. 11年级：参加英国学校暑期夏令营
- Y12: Internship & summer reading.
- 12年级：实习以及夏季阅读

Practical Advice一些建议

- Schedule some activities for half of the day 每天有半天时间安排一些活动
- Sign up for something online 在线参加一些活动
- Improve a skill 学习、增强一门技能
- Keep a journal (write about your experience and growth) 写日记，记录自己的经历和反思
- Be creative 创造性
- And Finally 同时：

Why Are Activities Important?

How to write about skills in your personal statement: The ABC method

Listing your experiences is not enough. It is also important to highlight the skills you have developed and how they are relevant to the course. The ABC method is a way of writing about these experiences in more detail.

Activity: What have you done?
Benefit: What skills have you gained?
Course: How will this prepare you for the course?

Why not try for yourself? We have given an example to help. The student below is applying for Business Studies.

Activity eg *I am the school captain of the football team.*

Benefit eg *This shows I have good communication and team working skills.*

Course eg *This is relevant to Business Studies as being able to communicate effectively is an important skill when working on group projects.*

TOP TIP

Do your research! You can only make an informed choice and show a real understanding of the course and subject area, if you have researched thoroughly.

Pre-College Programs Online
在线大学预备课程

- NYU
- Wheaton College
- Wake Forest University
- Cornell University
- Yale
- Harvard
- Boston University (high school Honors）
- Brandeis University
- Brown University

UK 英国的一些课程

- King's College London
- UK Medical School program
- Cambridge University

Our one-week virtual Pre-University Summer Programme provides an opportunity for high school students aged 16–18 to get a taste of future undergraduate study. Whatever your current interests, discover new disciplines and topics that will push you outside your comfort zone and challenge your perceptions.

Programme content | Format | Requirements | Enquiries

Programme content

You will be taught largely through a series of pre-recorded talks (which may be audio and/or video), from leading Cambridge academics and invited specialists. The following have been invited to give pre-recorded talks as part of the virtual Pre-University Summer Programme:

Dr Saz Ahmed - The teenage brain

Dr Alex Archibald - The impacts of COVID on climate change and air pollution in Cambridge: a case study

Dr Claire Barlow - Plastic planet

Dr Iris Batalha - Nanobiotechnology in health and environment

Dr Jenny Bavidge - An introduction to Cambridge English and close-reading

Sir Tony Brenton - Machiavelli and the virus

Dr Sean Butler - Animal Rights Law

Dr Alex Carter - Philosophy

Dr Gabriele Chierchia - The cognitive and neural basis of rationality

Dr James Grime - Alan Turing and the Enigma machine

Dr Jennifer Keating - Anarchy in the capital! Exploring Russia's February revolution of 1917

Dr John Lennard - Harry Potter in retrospect

Dr Tom Monie - Outbreaks, epidemics and pandemics – a natural cycle or a growing threat?

Free/Low-Cost Online Courses
免费/便宜的在线课程

– https://www.futurelearn.com

– https://www.coursera.org

– https://www.edx.org

– https://www.classcentral.com

Art Portfolio & Coding
艺术作品集、编程学习

- Work on Art portfolio
  - Top 10 List of Free Online Courses for Photographers: https://www.format.com
- Online Courses in Game Design and Music & Recording: https://www.fullsaillabs.com/online-courses
- App for 3D Design, Electronics, and Coding: https://www.tinkercad.com
- Coding: https://makeawebsitehub.com/learn-to-code-for-free/
- Computer Science: https://edu.google.com/code-with-google/?modal_active=none&story-card_activeEl=enhance-any-subject

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Conduct Research
做一些研究类学习

- Pioneer Academics
  - https://pioneeracademics.com (This program also offers college credit)

Volunteer Experiences
义工经验

- Continue your CAS project (Y12)12年级的对CAS项目的继续
- Organize an online service project
- 在线以供经验
- Volunteer Translator 翻译类义工: https://translatorswithoutborders.org/volunteer/

Career Exploration
未来职业的探索

- Research through Cialfo & university websites 在Cialfo和大学官网上查看
- Internship (in Shanghai?) 一些实习
- Virtual Work Experience Programs that mimic entry level tasks 虚拟工作机会
  - https://www.insidesherpa.com
- Virtual Internship

THE YOUNG ENGINEER SUMMER INTERNSHIP LIVE & ONLINE

LONDON • AGES 15-18

📅 1st to 4th August 2020 OR 29th August to 1st September 2020

📍 Live & Online

The Young Engineer Summer Internship Live & Online gives students aged 15-18 a 360-degree summer work experience in Engineering, from the comfort of their own home. Over the course of 4 days, you will be working with top engineers 'Live & Online' via our state-of-the-art interactive platform.

You will experience the real-life work of an engineer, with opportunities to take part in a live engine teardown, design your own aerofoil, and develop your own innovative AI solutions to the current environmental crisis.

You will also have the opportunity to network with our engineers and ask them all your burning questions, just as you would in-person.

Standardized Tests 准备考试

- SAT/ ACT
  - https://www.khanacademy.org

- TOEFL/ IELTS
  - Offered online
  - Duolingo: https://englishtest.duolingo.com/applicants

Oxbridge Suggested Reading 牛剑推荐阅读

- – https://www.myheplus.com

- – https://oxplore.org

- – Customize with teacher

Students Y1-Y9

Weekly adventures with Camp Kinda

Sign up and your kids will get 3-4 hours' worth of activities each day, all connected to a weekly theme. Nothing boring. We're talking about exploring the art of graphic novels, unlocking the mysteries of history, or jumping into the world's craziest sports. Start any time you want. End any time you want. Camp Kinda runs on your schedule. We'll add new adventures every week, and save them all for you right here.

WEEKLY ADVENTURES

It won't feel like homework. Or summer school. We're exploring the stuff kids are most curious about.

FLEXIBLE DAILY PLAYLISTS

Do everything in one morning, spread things out around other summer activities, or pick and choose what you want.

ONLINE AND OFFLINE

Camp Kinda starts online but includes plenty of offline and outdoor activities. Kids can go back to Fortnite later.

BUILT FOR BUSY PARENTS

We'll tell you what the kids will need before the week begins and do our best to ensure "a ton of help from adults" is not on the list.

Don't 不要

- Just stay home and do nothing 宅在家里什么都不错
- Just have your child relax and play games 只是玩游戏
- Just hangout with friends 只是出去和朋友聚会
- Overwhelm yourself with work 安排过多的学习
- Just waste the opportunity for growth 错过成长的机会
- Just sit around and not plan 坐在那里没有计划

Web Links to sources of information about Summer Schools Worldwide

Australia

- https://www.studyabroad.com/worldwide/summer
- http://www.unisa.edu.au/student-life/support-services/student-administration/summer-winter-school/

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Canada

- https://uwaterloo.ca/ideas-summer-experience/
- https://www.cisscanada.com/
- https://www.studyabroad.com/in-canada/summer
- http://www.ysp.utoronto.ca/

Europe (including the UK)

- http://www.summerschoolsineurope.eu/
- https://www.ie.edu/university/ieu-experience/pre-college-activities/summer-program/
- http://www.summerschoolsineurope.eu/
- https://www.euruni.edu/en/Programs/Summer-School/Your-Summer-Story-br-Starts-Here.html
- http://praguesummerschools.org/
- https://www.jacobs-university.de/study/summer-camps
- http://www.oxbridgeprograms.com/
- https://www.imperial.ac.uk/study/ug/visit/summer-schools/under-18-summer-schools/
- https://www.summerdiscovery.com/
- https://www.kcl.ac.uk/study/summer/summer-schools/pre-university/pre-university-summer-school.aspx
- http://www.summerschool.ed.ac.uk/course/preparing-university-social-sciences
- https://www.st-andrews.ac.uk/subjects/non-degree-courses/summer-schools/international-summer-programme/

USA

- https://studyusa.com/en/school-search?degreeLevelId=5
- https://www.collegechoice.net/50-best-colleges-for-summer-school/
- http://www.summer.harvard.edu/
- https://summer.stanford.edu/
- https://www.sce.cornell.edu/sc/
- http://www.oxbridgeprograms.com/
- https://www.umass.edu/summer/
- https://www.summerdiscovery.com/
- http://www.bu.edu/summer/high-school-programs/?gclid=EAIaIQobChMI1aew68jM2AIVGx4rCh2i7gLFEAAYAyAAEgI0OPD_BwE

Asia

- https://www.tuj.ac.jp/hs-summer-program/
- http://www.summer.cuhk.edu.hk/
- http://www.aal.hku.hk/summerinstitute/for-high-school-studentscourses-hs/courses-hs/
- https://summer.ust.hk/2017/index.php (HKUST 2018 programmes will be available soon)
- https://www.polyu.edu.hk/ous/ssrs/sp2017/index   (Stay tune for PolyU 2018 programmes)
- https://summer.korea.ac.kr:5000/all/src/pre/deadline.php
- https://www.smu.edu.sg/global/global-programmes/global-summer-programme/overview
- http://www.meiji.ac.jp/cip/english/programs/

Subjects Based US Summer Programs

Some Samples

- Business:
  - Leadership in the Business World: The **Wharton School** at the **University of Pennsylvania** (https://www.wharton.upenn.edu/pre-college-programs/)
  - Young Women's Institute: **Kelley School of Business** at **Indiana University Bloomington** (http://kelley.iu.edu/Ugrad/PreCollege/YWI/page39078.html)
  - University of Southern California (USC): **Exploring Entrepreneurship**

  https://summerprograms.usc.edu/programs/4-week/entrepreneurship/

- Law
  - Freedom and Justice in the Western Tradition: Cornell University (https://www.sce.cornell.edu/sc/programs/index.php?v=179&s=Overview)
  - American Law and Litigation: University of Chicago (http://summer.uchicago.edu/high-school/uchicago-immersion#americanlaw)

- Engineering
  - Carl Benz School of Engineering, Germany
  https://www.carlbenzschool.kit.edu/summerprograms.php

  - Imperial College London Year 12 Engineering Summer School
  https://www.imperial.ac.uk/be-inspired/student-recruitment-and-outreach/schools-and-colleges/students/on-campus-activities/summer-schools/engineering/ytwelve-engineering/

  - University of Toronto DEEP Summer Academy
  http://outreach.engineering.utoronto.ca/pre-university-programs/deep-summer-academy/

- Medicine/ Vet
  - St. George University Med/Vet Summer Leadership Academy, UK
  http://www.sgu.edu/academic-programs/summer-short-term-programs/med-vet-summer-leadership-academy/

  - Royal Veterinary College (RVC) University of London Pre-vet Summer School
  https://www.rvc.ac.uk/study/international-students/pre-vet-summer-school

Virtual meeting by zoom
与老师线上面谈

- Set up a time to meet Jonathan Mellen
- Email jonathanm@bj.ycef.com
- Sign up for university webinars